



		Court 1		Court 2		Court 3	
Tuesday	5.30pm	NINJAS	FALCONS	WARRIORS	POWER	TIGERS	BOMBERS
	6.15pm	LIONS	WILDCATS	SUNS	SWIFTS	SCORPIONS	DEVILS
	7.00pm	HORNETS	BRATZ	GIANTS	BOOMERS	WOLVES	STATE WARRIORS
Wednesday	5.15pm	LAKERS	BULLS	CELTICS	DAZZLERS	BALLERS	BEARS
	6.00pm	RAPTORS	EAGLES	PHOENIX	DIAMONDS	PANTHERS	PYTHONS
	6.45pm	KINGS	SONICS	KANGAROOS	OPALS	TORNADOES	MAGIC
Thursday	4.45pm					PISTONS	HAWKS
	5.30pm	BUCKS	CROCODILES	KNICKS	SAINTS	FIRE	COMETS
	6.15pm	SHARKS	CAVALIERS	BLAZERS	PACERS	THUNDER	ROCKETS
	7.00pm	WOLVERINES	GRIZZLIES				

Important Training Information

Players	Coaches	Team Managers
Please arrive 5+ minutes before your training time and find your coach or team manager near your court.	Ensure your players do not go on the court while another team is still training.	Please ensure your parents all know where to find the training venue and which court they're on.
Do not go on any court while other teams are training, even if they aren't using the ring.	Keep track of time and ensure you vacate the court by the next team's start time. 'Only a minute or two' of extra time used by your team is unfair to other teams who lose that minute or two from their training time.	For the first session or two, try to arrange to be there so you can introduce yourself to the team/coach and ensure the players/parents can find the coach.
Bring a drink bottle and basketball to training. Juniors use a size 6 ball (except U16/U18 boys - size 7)	There are 6 training kits (one per half court) in the cage inside the roller door behind court 2. These are for coach use only. If the door or cage is locked, stadium staff have a key.	It's ideal to check with parents every week if they'll be at training so you can let the coach know who will and won't be there and the coach can plan drills around that.
Parent/guardian supervision is required at all times – parents should not drop a player at training and leave the building without prior arrangement with the coach or another adult to supervise.	If you use a training kit, ensure it is fully packed up at the end of your session and put back in the cage (or communicate to the next team's coach so they can put it away)	Ensure you, your players and their parents treat the training facility and staff with respect at all times*
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***Failure to treat the staff at our training facility and the facility itself with respect and courtesy at all times will be considered a serious breach of the club code of conduct.**

Players Who Can't Train At Their Team's Timeslot

As a large club, we are aware that sometimes the training time will be unsuitable for a player and this will mean they can't train with their team. Whilst this is frustrating, it is unavoidable in some cases.

Please chat to your coach and/or team manager in the first instance as there may be some ways to work around this. The first thing we will often try to arrange is have the player train with another team of similar age group and ability.

In instances where this is not possible or appropriate, the coach and club will try to come up with an alternative.

In the event that no suitable alternatives are able to be reached, it is still possible for the player to play games but not train. This is an absolute last resort as we believe training is important, but is an option nonetheless.